

Physical Information

New York State Law requires health examinations for children:

- **Prior to their entrance into school**
- **In grades Kindergarten, 1, 3, 5, 7, 9 and 11**
- **Participating in interscholastic sports**

According to state law, all children that have not been examined by their private physician in the above grade levels will have a completed physical exam done by the school physician. Therefore, if any reason (time constraints, monetary concerns, or physician availability) prevents you from having a medical evaluation form completed, please be assured that your child will be examined in a timely manner by the school physician.

Physicals are valid for a period of 12 months through the last day of the month in which the physical was conducted.

In order to be eligible to participate in **interscholastic sports**, all students must have a current physical on file in the health office **prior** to the start of each season – no exceptions. If your child would like to participate in interscholastic sports and you are unable to obtain a physical from their private physician, Lancaster Central School District will still continue to offer physicals by the school physician at no charge. The school physician performs physicals at OLBS in the fall. A parent/guardian must contact the health office to sign their son/daughter up to obtain a physical. No student will be scheduled for a sport physical unless we personally hear from you, the parent/guardian.

Physical forms were sent home in the registration/re-registration packets. They are also available on line for you to print. A similar form from your child's physician is also acceptable.

Dental Certificate Information

Dental certificates are also requested, for all new entrants as well as for students in grades Kindergarten 1, 3, 5, 7, 9 and 11. Dental certificate forms are available on line if you wish to print one and have it completed.